

#COVID-19 may have shut down our physical offices at Neinstein LLP, but our lawyers and dedicated staff are still actively advancing your cases and taking your calls from their remote offices.



[#StayHome](#) [#StaySafe](#) [#StayHealthy](#)

We are pleased to offer you a series of **FREE WEBINARS addressing the impacts of COVID-19 on various aspects of our life. We encourage you to join us for these discussions and take advantage of these resources during these uncertain times.**

We hope you can join us.

1) COVID-19 & Vaping

DATE Tuesday, April 14th
TIME 2:00pm
SPEAKERS Mike Wolkowicz, Lawyer, Neinstein LLP

OVERVIEW The novel Coronavirus causes a respiratory disease that is worse for individuals with lungs that are already vulnerable. Vaping may leave users at a higher risk of serious complications if they contract COVID-19. Join us as we discuss the risks and potential effects of vaping during this unprecedented pandemic.

[Click here to register](#)

2) Nursing Homes & COVID-19

DATE Thursday, April 16th
TIME 11:00am
SPEAKERS Erik Joffe

OVERVIEW During this unprecedented time we will provide a general understanding of the landscape for Long Term Care Homes and Nursing Homes in Ontario. You will be provided with an understanding of key legislation surrounding long term care homes.

[Click here to register](#)

3) Mindfulness & 7 Effective Habits for Happiness During COVID-19

DATE Friday, April 17th
TIME 10:00am
SPEAKERS Daniela Pacheco, Lawyer, Neinstein LLP
Roseanna Arjua, Certified Yoga Instructor

OVERVIEW During this unprecedented time, it is imperative that we implement mental health strategies that will keep us happy and healthy. Join us as we discuss how you can adapt 7 habits of happy people. The session will also conclude with a guided meditation and demonstrations of restorative yoga poses to keep your mind and body happy and healthy.

[Click here to register](#)

4) Business Interruption Insurance

DATE Monday, April 20th
TIME 10:00am
SPEAKERS Stacy Koumarelas

OVERVIEW During these time of uncertainty, businesses are facing incredible financial challenges. Some may not be aware that their commercial liability policy can offer a form of insurance that protects their businesses and losses. Commercial insurance policies are complex and specialized and may require that you take immediate action to protect your business. We will guide businesses on what steps need to be taken.

[Click here to register](#)

5) Caregiving Strategies during Isolation

DATE Thursday, April 23rd
TIME 11:00am
SPEAKERS Anastasia Mantas
Michelle Kudlats, Lawyer, Neinstein LLP

OVERVIEW Injured people self-isolating are at increased risk of deteriorating resulting from a complete withdrawal of care. Family members have an important role to play in providing healthcare solutions during isolation. Join us as we discuss what family members can do help during physical isolation. We will be providing practical solution and access to resources during this challenging time.

[Click here to register](#)

Additional Resources For You!

The Brain Injury Society of Toronto is also providing free webinars, with direct lines to call, and tips for obtaining treatments for their members. [Please click here](#) to access additional information and resources.

Functionability Rehab has also recently launched a webinar on the importance of Emotional Well-being and coping with COVID-19. [Watch it here](#)

Follow Neinstein Personal Injury Lawyers on Facebook, Instagram, Twitter and LinkedIn for up to date news and resources.

We look forward to staying connected with you and helping you navigate through this unprecedented time.

We are in this together!